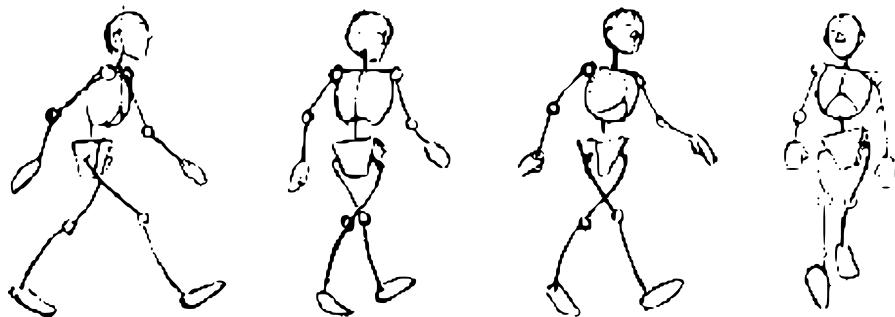
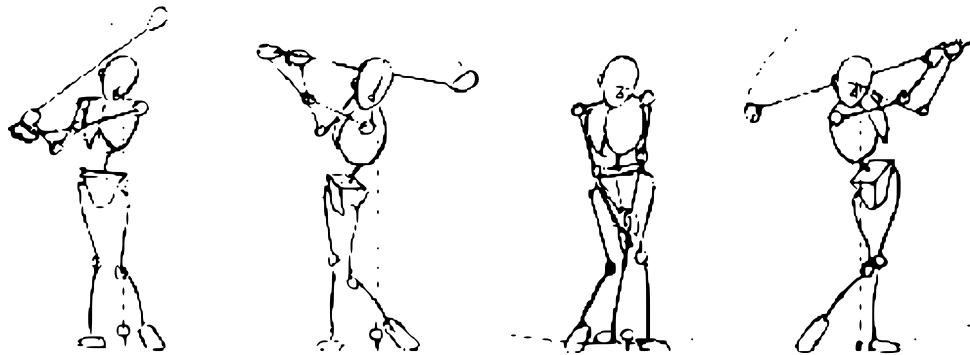


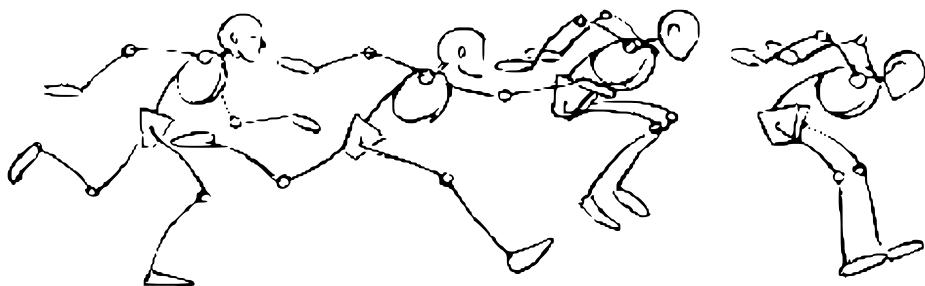
DOOHINKUS MOVES ABOUT. STUDY THE FRAMEWORK



In walking, the arms move in reverse motion of the legs. I mean, left foot forward, left arm back. The weight is passed forward, catching balance with each step. Try some of these.



A continuity of action. I especially picked a tough one, and probably will get my neck out.



In running, the arms also move in reverse of the legs. In jumping, the arms and legs move in unison, legs forward, arms back. Then the arms swing down in landing.