

# dis·trac·tion

/dɪsˈtræks(ə)ʃən/ 

noun

**noun** distraction; **plural noun** distractions

1. a thing that prevents someone from giving full attention to something else.  
"the company found passenger travel a distraction from the main business of moving freight"  
**synonyms** diversion, interruption, disturbance, interference, hindrance **More**
- a diversion or recreation.  
"there are plenty of distractions such as sailing"  
**synonyms** amusement, entertainment, diversion, recreation, leisure pursuit, divertissement **More**
2. extreme agitation of the mind or emotions.  
"he knew she was nervous by her uncharacteristic air of distraction"  
**synonyms** frenzy, hysteria, mental distress, madness, insanity, mania **More**

## Origin

LATIN	LATIN
distrahere	distractio
ENGLISH	distractio late Middle English
distract	

**More**

Translate distraction to  

## Use over time for: distraction

